

USATF Pacific Northwest Association Junior Olympic Championships

Club UnA

OFFICIAL RESULTS

 **Saturday, November 10, 2018**
 Upper Woodland, Seattle,
  USATF National Office

 USATF Pacific Northwest EM
  Deadline: Thu, Nov 8 @ 12:00 pm PST
 **Mens Results**

2,000 Meters 8U

Official Team Scores

1. Rain City Flyers	31
2. Federal Way Track	41
3. West Seattle Road Runners	51

1. -8 Brooks Oliver	8:02.85	Rain City Flyers
2. -8 Quenton Lanese	8:11.90	Barron Park Striders
3. -8 Gabriel Kolsrud	8:26.18	Federal Way Track
4. -8 Jadon Cairus	8:30.82	Rain City Flyers
5. -8 Austin Hight	8:42.46	Rain City Flyers
6. -8 Brenden Cole	8:49.73	Barron Park Striders
7. -8 Nixon Dremousis	8:52.50	36-Unattached
8. -8 Nash Campbell	8:53.40	Rain City Flyers
9. -8 Connor Linenfelser	9:00.92	Federal Way Track
10. -8 Ryan Wixted	9:04.78	Kitsap Fliers Track ...
11. -8 Tai Shih	9:05.99	Cascade Striders
12. -8 Weston Ford	9:09.14	Cascade Striders
13. -8 Thomas Bearden	9:20.27	Kitsap Fliers Track ...
14. -8 Spencer Broadbent	9:24.86	Snohomish Track
15. -8 Jaxon O'Neill	9:31.49	Barron Park Striders
16. -8 Rowan Hansen	9:38.13	Cascade Striders
17. 6U Riker Ross	9:40.22	West Seattle Road Ru...
18. -8 Cameron Barndt	9:45.23	Federal Way Track
19. -8 Francois Pierre	9:45.73	Cascade Striders
20. -8 Beau Kunkel	9:55.15	36-Unattached
21. -8 Henry Schumacher	9:57.26	Barron Park Striders
22. -8 Trae Petett	10:00.92	Issaquah Parks & Rec...
23. 6U Maxton Snyder	10:03.99	West Seattle Road Ru...
24. -8 Calvin Hiles	10:07.97	36-Unattached
25. 6U Tyler Kao	10:08.96	West Seattle Road Ru...
26. -8 William Moir	10:10.91	West Seattle Road Ru...
27. -8 Kai Dee	10:17.69	Federal Way Track
28. -8 Dylan Lee	10:24.39	Federal Way Track
29. 6U Liam Karr	10:30.77	West Seattle Road Ru...
30. -8 Leonardo Miramontes	10:36.15	Federal Way Track
31. -8 Ian Faulkner	11:41.85	West Seattle Road Ru...
32. -8 Henry O'Claire	12:03.07	West Seattle Road Ru...
33. -8 Connor Rigby	12:28.63	Rain City Flyers
34. -8 Guthrie Moon	13:25.86	West Seattle Road Ru...

Provided by Athletic.net

3,000 Meters 9-10

 **Womens Results**

2,000 Meters 8U

Official Team Scores

1. Rain City Flyers A	23
2. West Seattle Road Runners A	37
3. Federal Way Track	70
4. Rain City Flyers B	96

1. -8 Abigail Wallace	8:15.39	36-Unattached
2. -8 Lianna Bloom	8:28.15	West Seattle Road Ru...
3. -8 Paetyn Price	8:30.96	Kitsap Fliers Track ...
4. -8 Jordan Daligcon	8:54.08	Rain City Flyers A
5. -8 Lillian Lendrum Fort	9:11.01	Rain City Flyers A
6. -8 Amaya Snyder	9:11.94	West Seattle Road Ru...
7. -8 Ella Haber	9:30.37	Rain City Flyers A
8. -8 Grace Gilson	9:35.38	36-Unattached
9. -8 Laurel Batho	9:35.91	Rain City Flyers A
10. -8 Alex Urquhart	9:37.35	Rain City Flyers A
11. -8 Korra Caprara	9:38.68	Federal Way Track
12. -8 Sophia Simmons	9:51.90	Issaquah Parks & Rec...
13. -8 Quinn Sitzmann	9:58.88	West Seattle Road Ru...
14. -8 Catherine Harju	10:04.24	Federal Way Track
15. -8 Peyton Washburn	10:06.91	West Seattle Road Ru...
16. -8 Sol Sitzmann	10:18.76	West Seattle Road Ru...
17. -8 Caitlin Lanese	10:19.86	Barron Park Striders
18. -8 Rayanna Dech	10:29.51	Federal Way Track
19. -8 Marti Atkinson	10:35.33	Kitsap Fliers Track ...
20. 6U Caroline Chung	10:39.55	West Seattle Road Ru...
21. -8 Sofia Busch	10:43.29	Rain City Flyers A
22. -8 Ryan Frisbie-Smith	10:45.83	Rain City Flyers B
23. -8 Celina Seeger	10:47.60	Federal Way Track
24. 6U Beau Sitzmann	10:49.59	West Seattle Road Ru...
25. -8 Delia Bralower	10:53.54	Rain City Flyers B
26. -8 Lola Hammock	11:04.21	West Seattle Road Ru...
27. -8 Helena Mahrt	11:07.81	West Seattle Road Ru...
28. -8 Madeline Kilner	11:09.75	Issaquah Parks & Rec...
29. -8 Katherine Punke	11:10.20	Speed Unlimited
30. -8 Anika Sethi	11:25.92	Rain City Flyers B
31. 6U Andie Price	11:28.53	Kitsap Fliers Track ...
32. -8 Karina Sethi	11:30.55	Rain City Flyers B
33. -8 Reyzl Press	12:33.00	Rain City Flyers B
34. -8 Hannah Gardner	13:25.09	Federal Way Track
35. 6U Maddi Atkinson	14:52.11	Kitsap Fliers Track ...

Provided by Athletic.net

Official Team Scores

1. Rain City Flyers A	25
2. Cascade Striders A	41
3. Federal Way Track	76
4. West Seattle Road Runners A	99
5. Cascade Striders B	140

1. 10 Hudson Wallace	11:34.28	36-Unattached
2. 10 Quinten Brooks	11:51.84	Speed Unlimited
3. 10 Henry Herb	11:57.18	Rain City Flyers A
4. 10 Ethan Urquhart	12:03.91	Rain City Flyers A
5. 10 Camden Kiefer	12:27.95	Rain City Flyers A
6. 10 Davis Kelsey	12:30.77	Cascade Striders A
7. 10 Jaxon Sheffield	12:32.90	Cascade Striders A
8. 10 Filip Cizek	12:37.45	Issaquah Parks & Rec...
9. 10 David Grice	12:40.71	36-Unattached
10. 10 Luke Atchley	12:42.47	Kitsap Fliers Track ...
11. 10 Luke Allen	12:42.98	Cascade Striders A
12. 10 Spencer Ballard	12:51.90	Federal Way Track
13. 10 Alejandro Miramontes	12:54.86	Federal Way Track
14. 10 John Herb Jr	12:58.97	Rain City Flyers A
15. 10 Benjamin Kauppila	12:59.29	Rain City Flyers A
16. 10 Rodrigo Montano	13:04.66	Cascade Striders A
17. 10 Chase Stancik	13:07.74	West Seattle Road Ru...
18. 10 Cash Nowicki	13:09.62	West Seattle Road Ru...
19. 10 Evan Jakubek	13:10.14	Rain City Flyers A
20. 10 Wesley Stevick	13:11.65	Barron Park Striders
21. 10 Tamir Stern	13:12.59	Cascade Striders A
22. 10 Huston Campbell	13:21.82	Rain City Flyers A
23. 10 Tate Broadbent	13:24.51	Snohomish Track
24. 10 William Jackson	13:24.77	Rain City Flyers A
25. 10 Thomas Ryan	13:33.04	Cascade Striders A
26. 10 Nick Jackson	13:34.74	West Seattle Road Ru...
27. 10 Dylan Zehr	13:36.61	Federal Way Track
28. 10 William Leonard	13:40.48	Cascade Striders A
29. 10 Adam Butterfield	13:47.91	Barron Park Striders
30. 10 Caleb McAdams	13:49.86	Rain City Flyers B
31. 10 Joshua Grice	13:50.26	36-Unattached
32. 10 Hawker Nostrom	13:51.74	Federal Way Track
33. 10 Tucker Punke	13:56.87	Speed Unlimited
34. 10 Chance Mason	13:58.30	West Seattle Road Ru...
35. 10 Nicholas Wittmann	14:09.13	Rain City Flyers B
36. 10 Mobius Williamson	14:14.02	Issaquah Parks & Rec...
37. 10 Graeme Maclean	14:20.58	Cascade Striders B
38. 10 Nathaniel Ike	14:23.63	Federal Way Track
39. 10 Ryan Dura	14:24.85	Barron Park Striders
40. 10 Calvin Forsberg	14:34.76	Cascade Striders A
41. 10 Raphael Jeannerod	14:40.84	Cascade Striders B
42. 10 Caleb Shakespeare	14:42.06	Federal Way Track
43. 10 Tymur Zinchuk	14:42.96	Speed Unlimited
44. 10 Boden Hammerstad	14:46.72	West Seattle Road Ru...
45. 10 William Schumacher	14:50.37	Barron Park Striders
46. 10 Case Van Niel	14:53.28	Rain City Flyers B
47. 10 Aaron Shepherd	14:59.67	Issaquah Parks & Rec...
48. 10 Jude Papineau	15:04.21	West Seattle Road Ru...
49. 10 Tianyi Xie	15:13.89	Speed Unlimited
50. 10 Marcelo Slye	15:15.04	West Seattle Road Ru...
51. 10 Edmund Faulkner	15:16.36	West Seattle Road Ru...
52. 10 Jack Miyakawa	15:21.93	Issaquah Parks & Rec...
53. 10 Srivas Kandukuri	15:38.99	Cascade Striders B
54. 10 Milo Legros Jr	15:44.16	Cascade Striders B
55. 10 Milo Manca	15:51.64	Rain City Flyers B

3,000 Meters 9-10

Official Team Scores

1. Federal Way Track	54
2. Rain City Flyers A	56
3. West Seattle Road Runners A	75
4. Cascade Striders	77
5. Issaquah Parks & Rec Gliders	113
6. Sonic Boom Running	128

1. 10 Corinne Hudders	12:55.34	Rain City Flyers A
2. 10 Ava Gavora	13:01.88	Whisper Running
3. 10 Netra Anand	13:04.98	Cascade Striders
4. 10 McKenzie Berwick	13:08.80	South Hill Running
5. 10 Vala Borgelt	13:13.21	Sonic Boom Running
6. 10 Flora Lovejoy	13:18.06	Rain City Flyers A
7. 10 Weijia Wu	13:19.99	Cascade Striders
8. 10 Ariel Katsel	13:28.38	South Hill Running
9. 10 Lucy Minnig	13:33.60	36-Unattached
10. 10 Gemma Caprara	13:37.33	Federal Way Track
11. 10 Addison Washburn	13:39.07	West Seattle Road Ru...
12. 10 Piper Russell	13:40.36	Federal Way Track
13. 10 Jasmine Johnson	13:45.70	Federal Way Track
14. 10 Ida Bralower	13:46.13	Rain City Flyers A
15. 10 Ella Hansen	13:47.14	Cascade Striders
16. 10 Aaliyah Narciso	13:50.81	Whisper Running
17. 10 Lorelei Geldien	13:52.01	Issaquah Parks & Rec...
18. 10 Clara Michael	14:02.71	Issaquah Parks & Rec...
19. 10 Lily Rodero	14:04.83	West Seattle Road Ru...
20. 10 Taitum Couch	14:11.84	Federal Way Track
21. 10 Makenzie Foree	14:17.98	Federal Way Track
22. 10 Maddie Chung	14:26.55	West Seattle Road Ru...
23. 10 Macy Powell	14:26.91	West Seattle Road Ru...
24. 10 Elena Latterell	14:27.76	West Seattle Road Ru...
25. 10 Anna Haber	14:39.09	Rain City Flyers A
26. 10 Isabelle Osborn	14:41.27	Rain City Flyers A
27. 10 Anastasia Corner	14:42.09	West Seattle Road Ru...
28. 10 Sydney Herzog	14:42.92	Rain City Flyers A
29. 10 Myllenia Seeger	14:48.17	Federal Way Track
30. 10 Isabel Whitaker	14:48.59	Sonic Boom Running
31. 10 Taylor Heesacker	14:53.10	Issaquah Parks & Rec...
32. 10 Lincoln Sitzmann	14:54.22	West Seattle Road Ru...
33. 10 Cailin Ross	14:57.95	West Seattle Road Ru...
34. 10 Emily Alexander	15:00.40	Cascade Striders
35. 10 Angelica Massino	15:07.25	Issaquah Parks & Rec...
36. 10 Clare Lanese	15:08.15	Barron Park Striders
37. 10 Kaarin Weedon	15:10.25	Sonic Boom Running
38. 10 Dahlia Parekh	15:24.28	Cascade Striders
39. 10 Sonya Carter	15:30.07	Rain City Flyers A
40. 10 Morgan Eggleston	15:36.84	Issaquah Parks & Rec...
41. 10 Meredith Geiger	15:42.75	Rain City Flyers A
42. 10 Sydney Davis	15:43.11	Sonic Boom Running
43. 10 Abigail Harding	15:45.08	South Hill Running
44. 10 Manisha Manogaran	15:50.93	Cascade Striders
45. 10 Aidylein Dahlke	15:56.09	Sonic Boom Running
46. 10 Jessica Schlumpf	16:10.07	Federal Way Track
47. 10 Violet Carrel	16:17.18	Cascade Striders
48. 10 Greta Leonard	16:38.45	Federal Way Track
49. 10 Mia McDonald	16:43.56	Cascade Striders
50. 10 Hayden Perea	16:46.23	Issaquah Parks & Rec...
51. 10 Talia Trupin	16:55.17	Rain City Flyers B

56. 10	Quinnton Sing	16:04.92	Federal Way Track	52. 10	Daphne Houghton	17:22.97	West Seattle Road Ru...
57. 10	Griffin Spottswood	16:17.37	Cascade Striders B	53. 10	Madelyn Thomas	17:24.21	West Seattle Road Ru...
58. 10	Elliott North	16:23.76	Cascade Striders B	54. 10	Anna Bayless	17:30.11	Sonic Boom Running
59. 10	Emmett Cox	16:27.42	West Seattle Road Ru...	55. 10	Sophia Whitaker	17:42.03	Sonic Boom Running
60. 10	Zachary Gruben	16:27.69	Cascade Striders B	56. 10	Kennedy Shepard	17:55.28	36-Unattached
61. 10	Evan Leonard	16:59.81	Federal Way Track	57. 10	Symone Shepard	18:29.77	36-Unattached
62. 10	Preston Liwanag	18:57.99	Sonic Boom Running	58. 10	Gaby Melendez	18:35.02	West Seattle Road Ru...
63. 10	Dresden Dada	19:31.27	West Seattle Road Ru...				
64. 10	Colby Whelan	19:33.57	West Seattle Road Ru...				
65. 10	Whit Linxweiler	22:45.94	West Seattle Road Ru...				

Provided by Athletic.net

3,000 Meters 11-12

Official Team Scores

1.	Rain City Flyers A	54
2.	Speed Unlimited	55
3.	Whisper Running	76
4.	Cascade Striders A	82
5.	Federal Way Track	97
6.	Rain City Flyers B	140
7.	Rain City Flyers C	201

1.	12	Hudson Atrosh	11:16.12	Speed Unlimited
2.	12	Joachim Jakuc	11:18.82	Cascade Striders A
3.	12	Connor Rickey	11:22.62	Speed Unlimited
4.	12	Shane Effgen	11:27.77	36-Unattached
5.	12	Sam Soto	11:28.64	Whisper Running
6.	12	Keefe Russell	11:29.69	Federal Way Track
7.	12	Owen Powell	11:35.67	Issaquah Parks & Rec...
8.	12	Benjamin Lamperti	11:36.59	Issaquah Parks & Rec...
9.	12	Chase McGee	11:39.02	Whisper Running
10.	12	Joshua Patel	11:42.07	Speed Unlimited
11.	12	Ashton Berwick	11:46.80	South Hill Running
12.	12	Charlie McManus	11:52.91	Rain City Flyers A
13.	12	Sean O'Malley	11:53.23	Snohomish Track
14.	12	Sam Schubert	11:54.64	Rain City Flyers A
15.	12	Parker Mong	11:57.76	Skagit Swift
16.	12	Patrick Mirkin	12:03.84	36-Unattached
17.	12	Jayden Jones	12:04.16	Whisper Running
18.	12	Ian Brinkhaus	12:04.74	King Cobras Track & ...
19.	12	Jonah Kearns	12:06.75	Rain City Flyers A
20.	12	Duncan Frisbie-Smith	12:09.67	Rain City Flyers A
21.	12	Zackary Wilkins	12:14.63	Cascade Striders A
22.	12	Caleb Hirschfeld	12:15.51	Rain City Flyers A
23.	12	Aaron Beltran	12:22.79	Federal Way Track
24.	12	Max Billett	12:27.84	Rain City Flyers A
25.	12	Daniel Montano	12:28.34	Cascade Striders A
26.	12	Kaden Wagner	12:29.65	Snohomish Track
27.	12	Michael McCoy III	12:30.58	Whisper Running
28.	12	Dylan Borden	12:34.09	Barron Park Striders
29.	12	Henry Nelson	12:35.07	36-Unattached
30.	12	Ronan Barringer	12:35.60	Federal Way Track
31.	12	KeyShawn Shepard	12:35.96	36-Unattached
32.	12	Col Snelling	12:43.32	Rain City Flyers A
33.	12	Dawson Berwick	12:47.15	South Hill Running
34.	12	Kurt Young	12:53.73	Speed Unlimited
35.	12	Levi Hanscom	12:54.99	Rain City Flyers B
36.	12	Jackson Punke	13:01.44	Speed Unlimited
37.	12	Aiden Cardona Ruud	13:05.41	Cascade Striders A
38.	12	Aaron Batho	13:07.94	Rain City Flyers A
39.	12	Hans Wilwerding	13:10.67	Rain City Flyers B

3,000 Meters 11-12

Official Team Scores

1.	Whisper Running A	47
2.	Whisper Running A	47
3.	Whisper Running A	47
4.	Rain City Flyers A	74
5.	Snohomish Track	81
6.	Federal Way Track	86
7.	Cascade Striders A	88
8.	West Seattle Road Runners	122

1.	12	Ava Borsheim	11:44.61	Federal Way Track
2.	12	Julia Couch	11:49.43	Federal Way Track
3.	12	Elle Thomas	11:57.57	Whisper Running A
4.	12	Hailey Wallace	12:09.21	Snohomish Track
5.	12	Abigail Gavora	12:13.77	Whisper Running A
6.	12	Sarah Lindquist	12:18.38	Rain City Flyers A
7.	12	Kamryn Wenz	12:22.42	Snohomish Track
8.	12	Kira Bringemeier	12:22.99	Cascade Striders A
9.	12	Elena Lovejoy	12:26.12	Rain City Flyers A
10.	12	Bethany McKinstry	12:26.57	Whisper Running A
11.	12	Delaney Brinkhaus	12:26.82	King Cobras Track & ...
12.	12	Gwendolyn Evans	12:27.67	Cascade Striders A
13.	12	Mesafint Englert	12:30.45	Federal Way Track
14.	12	Alexis Leone	12:32.07	Whisper Running A
15.	12	Mio Masunaga	12:33.66	36-Unattached
16.	12	Tegan Rain	12:37.17	Rain City Flyers A
17.	12	Greta Watson	12:41.16	36-Unattached
18.	12	Taylor Palmer	12:43.94	Kitsap Fliers Track ...
19.	12	Sydney Collier	12:44.73	Cascade Striders A
20.	12	Clara Mackison	12:58.77	Barron Park Striders
21.	12	Abigail Rounds	13:02.27	Whisper Running A
22.	12	Ella Falck	13:03.53	36-Unattached
23.	12	Anna Lendrum Fort	13:04.38	Rain City Flyers A
24.	12	Addison Crum	13:05.00	Whisper Running A
25.	12	Francesca Acceturo...	13:08.10	Snohomish Track
26.	12	June Pierson	13:11.19	West Seattle Road Ru...
27.	12	Elsa Minnig	13:12.58	West Seattle Road Ru...
28.	12	Lauren Owens	13:15.07	Cascade Striders A
29.	12	Samantha Sherick	13:20.17	West Seattle Road Ru...
30.	12	Phebe Willson	13:24.00	Whisper Running A
31.	12	Finley Messer	13:29.40	Snohomish Track
32.	12	Charlotte Lamb	13:31.75	Snohomish Track
33.	12	Elle Papineau	13:35.82	West Seattle Road Ru...
34.	12	Lilian Gregorich	13:42.55	Rain City Flyers A
35.	12	Madelyn Cooke	13:43.16	Whisper Running B
36.	12	Claire Rogge	13:43.38	Whisper Running A
37.	12	Rosa Van Niel	13:48.03	Rain City Flyers A
38.	12	Serafina Shin vonN...	13:48.97	Rain City Flyers A
39.	12	Sadie Miller	13:54.70	West Seattle Road Ru...
40.	12	Sylvia Huckins	14:05.71	36-Unattached
41.	12	Ashley Whitten	14:16.73	Cascade Striders A

40. 12	Noam Rafalovich	13:13.76	Cascade Striders A	42. 12	Tatum Ford	14:19.65	Cascade Striders A
41. 12	Nathan Hudders	13:16.52	Rain City Flyers B	43. 12	Audrey Grice	14:30.85	36-Unattached
42. 12	Decius Michelin	13:17.41	Federal Way Track	44. 12	Amanda Grant	14:34.62	Whisper Running B
43. 12	Rayhan Sathiq	13:17.93	Cascade Striders A	45. 12	Kimberly Zhao	14:37.62	Cascade Striders A
44. 12	Myles Barrera	13:19.09	Kitsap Fliers Track ...	46. 12	Autumn Liwanag	14:41.94	Federal Way Track
45. 12	Maceo Rivers	13:23.24	Federal Way Track	47. 12	Emma Teters	14:46.65	Federal Way Track
46. 12	Oscar Zimmerman	13:23.50	Rain City Flyers B	48. 12	Lauryn Heitmann	14:54.83	Federal Way Track
47. 12	Leonidas Michelin	13:27.84	Federal Way Track	49. 12	Naomi Dunne-Loper	14:57.78	Rain City Flyers B
48. 12	Finn Gilbert	13:39.15	West Seattle Road Ru...	50. 12	Mackenzie Walker	15:00.45	Rain City Flyers B
49. 12	Johan Leuschke	13:44.92	Rain City Flyers C	51. 12	Hazel Geiger	15:49.37	Rain City Flyers A
50. 12	Cameron Trichel	13:45.63	Speed Unlimited	52. 12	Sienna Shoemaker	15:53.74	West Seattle Road Ru...
51. 12	Jackson Fitch	13:47.28	Rain City Flyers B	53. 12	Mia Abigail Mayachar	16:09.93	Rain City Flyers B
52. 12	Jack Bigelow	13:49.35	Rain City Flyers B	54. 12	Stella Martinez	16:18.73	Cascade Striders A
53. 12	Riley Magill	13:49.99	Rain City Flyers B	55. 12	Darinah Hou	16:25.29	Cascade Striders B
54. 12	Jonah Parda-Jay	13:56.14	Rain City Flyers B	56. 12	Stella Klem	16:29.08	West Seattle Road Ru...
55. 12	Austin Wick	14:01.19	Whisper Running	57. 12	Madelyn Mitchell	16:55.20	Federal Way Track
56. 12	William Frederick	14:09.72	West Seattle Road Ru...	58. 12	Maya Amandus	22:55.82	West Seattle Road Ru...
57. 12	Isaak Friis-Alfers	14:12.68	West Seattle Road Ru...				
58. 12	Connor Withey Evans	14:13.01	Rain City Flyers C				
59. 12	Jonas Couch	14:14.54	Federal Way Track				
60. 12	Jude Dooley	14:23.81	Federal Way Track				
61. 12	Yusuf Moazzam	14:29.72	Cascade Striders A				
62. 12	Gavin Maclean	14:55.22	Cascade Striders A				
63. 12	Antoine Artigalas	15:13.50	Rain City Flyers C				
64. 12	Marcos Jessup	15:26.57	South Hill Running				
65. 12	Andrew Shan	15:37.63	Rain City Flyers C				
66. 12	Gareth Phelps	15:41.06	Rain City Flyers C				
67. 12	Robbie Morris	15:45.98	Cascade Striders B				
68. 12	Ryan Ashley	16:01.68	Cascade Striders B				
69. 12	Simeon McAdams	16:03.10	Rain City Flyers C				
70. 12	August Hayes	16:31.79	Issaquah Parks & Rec...				
71. 12	Everett Burdett	16:55.51	West Seattle Road Ru...				

Provided by Athletic.net

4,000 Meters 13-14

Official Team Scores

1.	Rain City Flyers A	24
2.	Speed Unlimited	63
3.	Snohomish Track	102
4.	Camas XC	109
5.	Whisper Running	124
6.	Rain City Flyers B	136
7.	Federal Way Track	137
8.	West Seattle Road Runners	202

1.	14	Zack Munson	13:26.59	36-Unattached
2.	14	Drew Oliver	13:38.19	Rain City Flyers A
3.	14	Kya Villanueva	13:44.24	Speed Unlimited
4.	14	William Schneider	13:51.59	Rain City Flyers A
5.	14	Tenichi Gordon	14:07.64	Kitsap Fliers Track ...
6.	14	Liam Heninger	14:12.99	Issaquah Parks & Rec...
7.	14	Carter Joy	14:14.89	Rain City Flyers A
8.	14	Sean Bubernak	14:16.35	36-Unattached
9.	14	Daniel Barna	14:21.58	Whisper Running
10.	14	Jakob Broadbent	14:27.02	Snohomish Track
11.	14	Will Sandnes	14:31.12	Rain City Flyers A
12.	14	Adrean Tafolla	14:32.96	Speed Unlimited
13.	14	Robert Dunne-Loper	14:33.56	Rain City Flyers A
14.	14	Michael Hanrahan	14:34.97	Skagit Swift
15.	14	Logan Johns	14:35.73	36-Unattached
16.	14	Camden Jaureguy	14:37.00	Rain City Flyers A

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4,000 Meters 13-14

Official Team Scores

1.	Speed Unlimited	53
2.	Rain City Flyers	78
3.	Whisper Running B	83
4.	Whisper Running A	85
5.	Whisper Running A	85
6.	South Hill Running	91
7.	Cascade Striders	101
8.	West Seattle Road Runners	157

1.	14	Alyvia Brown	15:41.33	Cascade Striders
2.	14	Ava Hagwell	15:53.12	Speed Unlimited
3.	14	Megan Kolenski	15:55.23	Speed Unlimited
4.	14	Kaia Swegler Richm...	15:55.98	36-Unattached
5.	14	Anika Jones	15:57.80	Rain City Flyers
6.	14	Ella Budden	16:01.27	Speed Unlimited
7.	14	Kylee Shakespeare	16:01.71	South Hill Running
8.	14	Amelia Hoagland	16:01.98	Skagit Swift
9.	14	Maisie McManus	16:03.32	Rain City Flyers
10.	14	Charlotte Wilson	16:04.72	Whisper Running B
11.	14	Ainsley Herron	16:06.25	Cascade Striders
12.	14	Madison Wick	16:19.91	Whisper Running A
13.	14	Kennedy Shakespeare	16:21.91	South Hill Running
14.	14	Sara Cordova	16:24.69	Whisper Running B
15.	14	Sage Mailhiot	16:25.79	Skagit Swift
16.	14	Rachel Jin	16:34.09	Speed Unlimited
17.	14	Jane Harig	16:35.90	Issaquah Parks & Rec...
18.	14	Abigail MacDonald	16:44.97	Rain City Flyers
19.	14	Natalie Peddie	16:45.69	Whisper Running A
20.	14	Kiley O'Brien	16:49.12	Whisper Running A
21.	14	Olivia DeBoer	16:52.69	South Hill Running
22.	14	Talia Willson	16:53.85	Cascade Striders
23.	14	Alyssa Flindt	16:56.87	Issaquah Parks & Rec...
24.	14	Abigail Wall	16:57.21	Whisper Running B
25.	14	Hanna Bailey	16:58.61	Whisper Running A
26.	14	Candice Owen	17:02.98	Whisper Running B
27.	14	Sloane Selenis	17:14.32	Rain City Flyers
28.	14	Lauren Amato	17:19.36	Whisper Running B
29.	14	Lily Odonoghue-mcd...	17:23.01	36-Unattached
30.	14	Claire Reeburgh	17:28.06	Whisper Running A
31.	14	Sophia Litton	17:31.35	West Seattle Road Ru...

17. 14 Alec Ibarra	14:37.56	36-Unattached	32. 14 Giada Oliva	17:34.13	Issaquah Parks & Rec...
18. 14 Kelton Gagnon	14:38.60	36-Unattached	33. 14 Morgan Geddry	17:35.43	Whisper Running A
19. 14 Tove Schweizer	14:41.04	Skagit Swift	34. 14 Ava Wodrich	17:51.57	West Seattle Road Ru...
20. 14 Stephen Bleakley-H...	14:42.13	Rain City Flyers B	35. 14 Olivia Wildes	18:03.73	36-Unattached
21. 14 Jude Helmes	14:48.40	Whisper Running	36. 14 Kayla Lucas	18:07.61	South Hill Running
22. 14 Braden Wallace	14:48.61	Snohomish Track	37. 14 Danica Stinchfield	18:10.92	36-Unattached
23. 14 Luke Tupper	14:56.31	Camas XC	38. 14 Isabel DeBoer	18:11.16	South Hill Running
24. 14 Trey Keyser	14:59.10	36-Unattached	39. 14 Sophie Hollinger	18:14.08	Speed Unlimited
25. 14 Aaron Heisser	14:59.39	Speed Unlimited	40. 14 Anya Souza-Ponce	18:23.44	Rain City Flyers
26. 14 Melkamu Englert	15:00.75	Federal Way Track	41. 14 Ava Carrel	18:31.90	Cascade Striders
27. 14 Brennen Rickey	15:05.12	Speed Unlimited	42. 14 Catrin Wodrich	18:38.48	West Seattle Road Ru...
28. 14 Tyler Dinh	15:05.88	Camas XC	43. 14 Yesenia Soriano	18:40.57	South Hill Running
29. 14 Triton Vitale	15:16.39	Federal Way Track	44. 14 Elise Whaley	18:45.96	West Seattle Road Ru...
30. 14 Alexander Trevino	15:19.56	36-Unattached	45. 14 Paige Maas	18:54.08	Whisper Running B
31. 14 Tanner Dozier	15:20.34	Camas XC	46. 14 Sierra Mason	19:01.99	West Seattle Road Ru...
32. 14 Gabriel Kary	15:24.78	Speed Unlimited	47. 14 Tyler Dittmann	19:25.53	36-Unattached
33. 14 Quincy Purcell	15:25.67	Rain City Flyers A	48. 14 Eileen Chang	19:26.05	Rain City Flyers
34. 14 Ammon Wagner	15:26.82	Snohomish Track	49. 14 Finnley O'Brien	19:41.36	South Hill Running
35. 14 Ben Jordan	15:27.13	Whisper Running	50. 14 Hannah Isabelle Ma...	20:51.78	Rain City Flyers
36. 14 Evan Oroho	15:27.34	King Cobras Track & ...	51. 14 Tresley Love	21:00.27	36-Unattached
37. 14 Ethan Erickson	15:29.38	Rain City Flyers B	52. 14 Kesley Love	22:13.35	36-Unattached
38. 14 Jon Kenyon	15:41.06	Snohomish Track	53. 14 Leah Harden	23:13.64	36-Unattached
39. 14 Jackson Currit	15:43.20	Rain City Flyers B	54. 14 Sofia Alvi	23:33.66	Cascade Striders
40. 14 Aiden Stewart	15:45.36	Camas XC	55. 14 Esme Jablonsky	23:58.04	West Seattle Road Ru...
41. 14 Northern Brown	15:52.43	Cascade Striders	56. 14 Ella Flinn	28:20.00	West Seattle Road Ru...
42. 14 Kaden Greenliel	15:56.08	Issaquah Parks & Rec...			
43. 14 Chas Brooks	15:57.37	Camas XC			
44. 14 Ethan Buck	15:58.81	Federal Way Track			
45. 14 Hayden Reich	16:02.07	Camas XC			
46. 14 Samuel Grice	16:02.57	36-Unattached			
47. 14 Leo Clarke	16:06.30	Rain City Flyers B			
48. 14 Garrich Lindley Jr	16:08.00	36-Unattached			
49. 14 Zohar Rafalovich	16:18.83	Cascade Striders			
50. 14 Ivan Hernandez Villa	16:21.24	Cascade Striders			
51. 14 Ewan Kae	16:22.94	West Seattle Road Ru...			
52. 14 Reidar Aageson	16:23.34	Issaquah Parks & Rec...			
53. 14 Seth Hicks	16:27.80	Snohomish Track			
54. 14 Niko Manolides	16:30.48	Federal Way Track			
55. 14 Elliott Burdett	16:31.66	West Seattle Road Ru...			
56. 14 Cole Erickson	16:35.79	Kitsap Fliers Track ...			
57. 14 John Beebe	16:42.04	King Cobras Track & ...			
58. 14 Carter Mitchell	16:45.03	Federal Way Track			
59. 14 Brennen Bowman	16:49.63	Federal Way Track			
60. 14 Scotty McPherson	16:56.76	Whisper Running			
61. 14 Joseph Lee	17:04.88	West Seattle Road Ru...			
62. 14 Luke Brubaker	17:05.42	Rain City Flyers B			
63. 14 Clark Dinh	17:11.55	Camas XC			
64. 14 Liam Miller	17:19.29	Federal Way Track			
65. 14 Grayson Caldwell	17:29.16	Whisper Running			
66. 14 Cole Bauersfeld	17:36.61	West Seattle Road Ru...			
67. 14 Koen Schweizer	17:38.15	Skagit Swift			
68. 14 Ethan Miller	17:44.42	Skagit Swift			
69. 14 Romeo Bustillo III	17:52.58	Snohomish Track			
70. 14 Owen Liss	17:56.30	Whisper Running			
71. 14 Miles Kelly	18:18.33	West Seattle Road Ru...			
72. 14 Nicholas Wilson	18:35.42	Federal Way Track			
73. 14 Owen Hill	19:51.62	West Seattle Road Ru...			
74. 14 Taylor Frederick	20:08.03	West Seattle Road Ru...			
75. 14 Ammar Ghouse	20:43.89	Cascade Striders			

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5,000 Meters 15-18

Official Team Scores

1. South Hill Running 15

1. 16 Naomi Smith	19:09.44	36-Unattached
2. 16 Milena Kalisch	20:10.41	36-Unattached
3. 16 Abigail Atkins	20:58.65	South Hill Running
4. 16 Jill Philbin	21:12.60	Rain City Flyers
5. 16 Anika Avelino	21:36.78	36-Unattached
6. 16 Rachel Matthes	21:49.08	36-Unattached
7. 16 Kelsey Ballard	21:50.65	South Hill Running
8. 18 Sarah Lovan	22:00.80	36-Unattached
9. 16 Christina Crow	22:36.11	Speed Unlimited
10. 18 Meleah Kandoll	22:36.85	36-Unattached
11. 16 Alyssa Becker	22:37.19	36-Unattached
12. 16 Maja van Zuylen	22:38.01	Rain City Flyers
13. 16 Alexa Watson	22:41.18	36-Unattached
14. 16 Jada Morrison	22:53.43	South Hill Running
15. 16 Hannah Meehan	22:54.15	36-Unattached
16. 16 Lauren Kaiser	23:02.82	Whisper Running
17. 18 Lily Dozier	23:37.13	Camas XC
18. 18 Heidi Yagen	24:22.89	South Hill Running
19. 16 Payton Van denBosch	26:00.07	36-Unattached
20. 18 Sesley Love	26:54.83	36-Unattached
21. 16 Kaitlyn Flowers	27:54.49	South Hill Running
22. 16 Neala Ike	28:10.97	South Hill Running
23. 16 Daria Oviatt	29:40.92	Camas XC
24. 16 Sabreen Moazzam	31:41.00	Cascade Striders

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5,000 Meters 15-18

Official Team Scores

1. Rain City Flyers 15

1.	16	Nathan Cantrell	17:12.79	36-Unattached
2.	16	Adam Flood	17:13.62	Rain City Flyers
3.	18	Michael Lewis	17:16.39	Rain City Flyers
4.	18	Ryan Strake	17:30.09	South Hill Running
5.	18	Aidan Cantine	17:35.52	Speed Unlimited
6.	16	Gabe Endresen	17:37.63	36-Unattached
7.	16	Lucas Seeley	17:39.01	Rain City Flyers
8.	18	Logan Burk	17:44.47	Kitsap Fliers Track ...
9.	16	Nicholas Marty I	17:48.02	36-Unattached
10.	18	Alex Mills	17:52.39	36-Unattached
11.	16	Daniel Whiting	17:52.75	Whisper Running
12.	16	John Romano-Olsen	18:11.37	Rain City Flyers
13.	18	Nicola DiMartino	18:13.85	Rain City Flyers
14.	16	Seamus Fraser	18:27.44	36-Unattached
15.		Kincaid Gould	18:30.61	36-Unattached
16.	16	Wyatt Vertefeuille	18:44.35	36-Unattached
17.	16	Montgomery Akers	18:44.78	36-Unattached
18.	16	Elian Joseph	19:03.44	Speed Unlimited
19.	18	Thomas Minwoo	19:15.87	South Hill Running
20.	16	Brady Twedt	19:18.69	36-Unattached
21.	16	Josh Slate	19:23.97	Cascade Striders
22.	16	Lorenzo Anguiano	19:27.24	Whisper Running
23.	16	Ethan Anderson	19:28.74	Rain City Flyers
24.	16	Matthew Thien	19:30.80	36-Unattached
25.	16	Gavin LaMotte	20:05.86	Rain City Flyers
26.	16	Marc Manzano	20:18.79	36-Unattached
27.	16	Christopher Amato	20:21.36	Whisper Running
28.	16	Narendra Manogaran	21:30.52	Cascade Striders
29.	16	Jayden Hartley	26:57.00	South Hill Running

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