

# Pacific Northwest Association Junior Olympics Cross Country - 4K Course



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General Description: **Start in the Sports Meadow**

**Go out over Kite Hill and through the Fins**

**Return back over Kite Hill**

**Go counter-clockwise around the Sports Meadow**

**Repeat the Kite Hill, Fins, Kite Hill Loop**

**Go counter-clockwise around the Sports Meadow to the Finish**