

FWTC Autumn Classic XC Meet - 10/2/2021**Five Mile Lake Park****Results****Girls 1600 Meter Run CC 7-8**

Name	Year Team	Seed	Finals	Points
Results - Women				
1 Jones, Sima	Rain City Flyers		6:52.90	1
2 Berry, Beau	Mercer Island Bl		6:53.10	2
3 Sitzmann, Beau	West Seattle Roa		7:15.50	3
4 Haase, Everly	West Seattle Roa		7:26.60	4
5 Caprara, Lanna	West Seattle Roa		7:44.90	5
6 Keper, Teagan	West Seattle Roa		7:54.70	
7 Janes, Sima	Rain City Flyers		8:04.40	6
8 Withey-Evans, Emma	Rain City Flyers		8:15.30	7
9 Brondsetter, Savannah	Mercer Island Bl		8:24.40	8
10 White, Shea	Sonic Boom		8:25.40	9
11 Rush, Dorothy	Federal Way Trac		8:35.70	10
12 Moreals Roew, Maya	West Seattle Roa		8:36.00	
13 Cameron, Amelia	Club Northwest		8:37.10	
14 Gribble, Anna	Cascade Striders		8:37.70	
15 Woods, Nora	Rain City Flyers		8:39.20	
16 Keany, Farah	Rainier Beach Tr		8:43.30	11
17 Eagan-Hefferman, Sage	Club Northwest		8:44.90	
18 Newhouse, Annika	Federal Way Trac		8:51.60	12
19 Laing, Isobel	West Seattle Roa		9:02.60	
20 Resendiz, Jazmine	Federal Way Trac		9:03.20	13
21 Roth, Eleanor	West Seattle Roa		9:05.70	
22 Jones, Carys	Rainier Beach Tr		9:12.60	14
23 Hill, Geneva	West Seattle Roa		9:21.00	
24 Sibay, Ayana	Mercer Island Bl		9:21.20	15
25 Loepky, Emma	West Seattle Roa		9:24.90	
26 DiGennaro, Aida	Rain City Flyers		9:29.20	
27 Yoo, Alyssa	Sonic Boom		10:11.30	16
28 Dahlke, Miriam	Sonic Boom		10:54.60	17
29 Holman, Hailey	Federal Way Trac		10:57.90	
30 Lemley, Blair	West Seattle Roa		10:58.10	
31 Holscher, Claire	Trailblazers		11:25.00	
32 Gunn, Audrey	West Seattle Roa		11:27.90	
33 Amrine, Zara	West Seattle Roa		11:37.00	
34 Apfel, Maisie	Rainier Beach Tr		16:07.60	18

Girls 3k Run CC 9-10

Name	Year Team	Seed	Finals	Points
1 Beeler, Elin	Cascade Striders		12:23.90	1
2 Haber, Ella	Rain City Flyers		12:50.90	2
3 Caprara, Korra	West Seattle Roa		13:21.00	3
4 Gilson, Grace	Club Northwest		13:24.30	4
5 Sitzmann, Quinn	West Seattle Roa		13:45.30	5
6 Sitzmann, Marisol	West Seattle Roa		13:49.00	6
7 Nelson, Mariah	Federal Way Trac		14:07.20	7
8 Andrews-Waller, Rosemary	West Seattle Roa		14:13.80	
9 Gribble, Julia	Cascade Striders		14:23.50	8
10 Seely, June	West Seattle Roa		14:24.70	
11 Arnsdorf, Ava	Cascade Striders		14:48.90	9
12 Pratt, Laura	West Seattle Roa		14:53.10	
13 Foster, Lailah	West Seattle Roa		14:55.20	

FWTC Autumn Classic XC Meet - 10/2/2021**Five Mile Lake Park****Results****....Girls 3k Run CC 9-10**

14	Stowell, Lillian	West Seattle Roa	14:57.50	
15	Chung, Carrie	West Seattle Roa	15:05.80	
16	Hoffman, Juliette	West Seattle Roa	15:09.10	
17	O'Connor, Makenna	West Seattle Roa	15:21.10	
18	Gregush, Zoe	Cascade Striders	15:29.20	
19	Highland, Elsa	Cascade Striders	15:30.40	
20	Maria, Ella	Trailblazers	15:33.40	
21	Boyer, Hayden	West Seattle Roa	15:34.70	
22	Martin, Angelina	Club Northwest	15:40.60	10
23	Chiang, Marlowe	Rain City Flyers	15:55.50	11
24	Porter, Vivian	West Seattle Roa	16:01.40	
25	Woolley, Hope	Rain City Flyers	16:01.60	12
26	Bralower, Delia	Rain City Flyers	16:10.50	
27	Diamond, Stella	West Seattle Roa	16:12.30	
28	Jones, Daphne	Rainier Beach Tr	16:14.80	
29	Winston, Eliana	West Seattle Roa	16:27.40	
30	Zehr, Ellie	Federal Way Trac	16:29.90	13
31	Brondsetter, Sierra	Mercer Island Bl	16:38.60	
32	Buyukcetin, Luna	Rain City Flyers	16:40.70	
33	Tardit, Ponte	Rain City Flyers	16:46.50	
34	Arrow, Ahvaliyah	Federal Way Trac	16:48.00	14
35	Eagan-Hefferman, Ruby	Club Northwest	16:58.80	15
36	Woods, Harper	Rain City Flyers	17:06.30	
37	Cooper, Eliza	West Seattle Roa	17:34.30	
38	Tegart, Audrey	Cascade Striders	18:09.00	
39	Zanis, Willow	Club Northwest	18:28.70	
40	Pedigo, Grace	Sonic Boom	19:07.20	
41	Steiner, Clarke	Federal Way Trac	21:47.90	
42	Dahlke, Ruth	Sonic Boom	23:55.70	

Girls 3k Run CC 11-12

Name	Year	Team	Seed	Finals	Points
1	Hudders, Corinne	Rain City Flyers		11:50.50	1
2	Daligcon, Jordan	Cascade Striders		12:05.40	2
3	Johnson, Ciana	Rain City Flyers		12:06.40	3
4	Sitzmann, Lincoln	West Seattle Roa		12:11.30	4
5	Caprara, Gemma	West Seattle Roa		12:12.60	5
6	Rosauer, Emilia	Rain City Flyers		12:41.10	6
7	Haber, Ann	Rain City Flyers		12:41.60	
8	Lendrum Fort, Lilly	Rain City Flyers		13:00.40	
9	Corr, Elise	West Seattle Roa		13:15.70	7
10	Couch, Taitum	Federal Way Trac		13:28.30	8
11	Rodero, Lily	West Seattle Roa		13:28.60	
12	Wheelwright, Iris	Cascade Striders		13:28.80	9
13	Powell, Macy	West Seattle Roa		13:37.50	
14	Carpenter, Alisha	Rain City Flyers		13:47.40	
15	Urquhart, Alex	Rain City Flyers		13:52.00	
16	Woods, Elizabeth	Rain City Flyers		13:53.00	
17	Handsen, Rees	West Seattle Roa		13:56.40	
18	Wagner, Leighton	West Seattle Roa		13:59.10	
19	Carrel, Violet	Cascade Striders		14:03.90	10
20	Coy, Jasmine	Cascade Striders		14:05.50	
21	Ross, Cailin	West Seattle Roa		14:16.00	

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Five Mile Lake Park

Results

...Girls 3k Run CC 11-12

22	Busch, Sofia	Rain City Flyers	14:28.90	
23	Snyder, Amaya	West Seattle Roa	14:37.40	
24	Rush, Frances	Federal Way Trac	14:43.20	11
25	Wang, Cynthia	Cascade Striders	14:44.90	
26	Breck, Elizabeth	Club Northwest	14:49.50	
27	Harju, Catherine	Federal Way Trac	14:52.90	12
28	Chung, Maddie	West Seattle Roa	14:55.60	
29	Huang, Anna	Cascade Striders	14:59.10	
30	Pratt, June	West Seattle Roa	14:59.30	
31	Weedon, Kaarin	Sonic Boom	15:00.10	13
32	Shillito, Gloria	Rainier Beach Tr	15:22.60	
33	Shan, Helen	Cascade Striders	15:35.10	
34	Whitaker, Isabel	Sonic Boom	15:42.40	14
35	Wagnild, Zoe	West Seattle Roa	15:46.90	
36	Higginson, Clara	Federal Way Trac	16:02.10	
37	Bott, Shayla	Sonic Boom	16:07.80	15
38	Fuentes, Avery	Sonic Boom	16:10.30	
39	Burnett, Helena	Rain City Flyers	16:15.90	
40	Barnett, Kei	Cascade Striders	16:17.80	
41	DiGennaro, Lucy	Rain City Flyers	16:24.50	
42	McCann, Julia	Rain City Flyers	16:28.40	
43	Lorenz, Esther	Cascade Striders	16:30.00	
44	Williams, Harper	Rain City Flyers	16:49.30	
45	Perrault, Ember	Rain City Flyers	16:56.50	
46	Peng, Olivia	Cascade Striders	17:04.80	
47	Wernet, Ava	Rain City Flyers	17:08.40	
48	Sibay, Ayla	Mercer Island Bl	17:35.70	
49	Shaw, Sylvia	Rain City Flyers	17:40.00	
50	Bair, Megan	Trailblazers	17:41.30	
51	Smith, Finley	Trailblazers	17:59.30	
52	Lerner, Lucy	Rain City Flyers	18:24.40	
53	Lehman, Callie	Rain City Flyers	18:28.20	
54	Page, Riley	Rain City Flyers	19:11.50	
55	Williams, Sonia	Rain City Flyers	20:11.30	
56	Rosales, Jasmin	Sonic Boom	22:38.30	
57	Rosen, Kestrel	Rain City Flyers	22:59.20	

Girls 4k Run CC 13-14

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Name	Year	Team	Seed	Finals	Points
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1	Villamizar, Sofia	Cascade Striders		16:59.60	1
2	Rush, Alice	Federal Way Trac		17:46.80	2
3	Ryan, Amelia	Cascade Striders		17:50.60	3
4	Lindquist, Sarah	Rain City Flyers		17:51.90	4
5	Seeger, Myllenia	West Seattle Roa		17:55.80	5
6	Latterell, Elena	West Seattle Roa		18:00.30	6
6	Frahm, Sophia	Rain City Flyers		18:00.30	7
8	Carlstedt, Zooley	West Seattle Roa		18:03.10	8
9	Kelly, Darla	West Seattle Roa		19:02.50	
10	O'Connor, Bree	West Seattle Roa		19:39.70	
11	Amitay, Yuval	Cascade Striders		19:41.30	9
12	Russell, Piper	Federal Way Trac		19:56.30	10
13	Borgelt, Vala	Sonic Boom		19:59.30	11
14	Barlower, Ida	Rain City Flyers		20:15.70	12

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Results

....Girls 4k Run CC 13-14

15	Carter, Sonya	Rain City Flyers	20:30.20	
16	Geldien, Lorelei	Trailblazers	20:31.90	
17	Parekh, Dahlia	Cascade Striders	20:58.10	
18	Ehrlich, Chloe	West Seattle Roa	22:07.50	
19	Dahlke, Aidylein	Sonic Boom	22:10.10	13
20	Leonard, Greta	Federal Way Trac	23:40.50	14
21	DeBock, Taya	Sonic Boom	24:06.00	15
22	Youngquitt, Saga	Rain City Flyers	25:07.00	
23	Whitaker, Sophia	Sonic Boom	25:07.80	
24	Coglon, Claire	Rain City Flyers	27:25.70	
25	Borden, Phoebe	Sonic Boom	27:54.60	
26	Borden, Keira	Sonic Boom	29:33.50	
27	Holladay, Kennedy	Sonic Boom	31:18.00	

Boys 1600 Meter Run CC 7-8

Name	Year Team	Seed	Finals	Points
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Results - Men

1	Yeager, Dylan	Unattached	7:00.20	
2	Rodero, Sebastian	West Seattle Roa	7:13.20	1
3	Andrews, Caleb	Rain City Flyers	7:23.80	2
4	Ekure, Martin	Rain City Flyers	7:29.50	3
5	Wahlborg, Oliver	West Seattle Roa	7:35.20	4
6	West, Lincoln	Rainier Beach Tr	7:44.30	
7	Kinder, Desmond	Federal Way Trac	7:55.00	5
8	Newhouse, Brady	West Seattle Roa	7:55.30	6
9	Carpenter, Christopher	Unattached	7:59.30	
10	Clukey, Madsen	Federal Way Trac	8:00.20	7
11	Osborne, Bodi	West Seattle Roa	8:05.30	
12	Keller, James	West Seattle Roa	8:05.40	
13	Baker, Grayson	West Seattle Roa	8:22.40	
14	Luckey, Olin	West Seattle Roa	8:30.10	
15	Ignacio, Keoni	West Seattle Roa	8:37.50	
16	Peterson, Emmett	West Seattle Roa	8:47.30	
17	Woods, Evan	Rain City Flyers	8:50.70	8
18	Buyukcetin, Luca	Rain City Flyers	8:53.00	
19	Weber, Titus	Federal Way Trac	8:53.20	9
20	Patjens, Elliott	Unattached	8:56.20	
21	Jacke, Olin	West Seattle Roa	8:56.50	
22	Hansen, Micah	West Seattle Roa	8:56.70	
23	Hughes, Anton	West Seattle Roa	9:00.10	
24	Brooks, Bradley	West Seattle Roa	9:07.10	
25	Holman, Jack	Federal Way Trac	9:26.00	
26	Taylor, Camden	Federal Way Trac	9:26.50	
27	Montomery, Judah	Sonic Boom	9:28.00	
28	Steiner, Millen	Federal Way Trac	9:51.90	
29	Kelly, Hamilton	West Seattle Roa	12:10.90	

Boys 3k Run CC 9-10

Name	Year Team	Seed	Finals	Points
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1	Weber, Micah	Federal Way Trac	12:01.50	1
2	Stevenson, Nils	West Seattle Roa	12:44.70	2

FWTC Autumn Classic XC Meet - 10/2/2021

Five Mile Lake Park

Results

....Boys 3k Run CC 9-10

3	Highland, Max	Cascade Striders	13:05.80	3
4	Clukey, Jakoby	Federal Way Trac	13:06.70	4
5	Salaver, Jayden	Federal Way Trac	13:07.70	5
6	Deniel, Enzo	Cascade Striders	13:12.20	6
7	Shih, Bei	Cascade Striders	13:21.60	7
8	Snyder, Maxton	West Seattle Roa	13:23.10	8
8	Wolf, Ethan	Federal Way Trac	13:23.10	
10	Kao, Tyler	West Seattle Roa	13:26.80	9
11	Ross, Riker	West Seattle Roa	13:27.90	
12	Baker, Henry	Cascade Striders	13:31.50	
13	Christiansen, Charles	Trailblazers	13:37.80	10
14	Fenton, Bryce	Trailblazers	13:52.60	11
15	Galloway, Levi	Federal Way Trac	13:53.90	
16	Martinez, Marco	Cascade Striders	13:54.30	
17	Ignacio, Keanu	West Seattle Roa	13:59.50	
18	West, London	Rainier Beach Tr	14:03.40	12
19	Mansfield, Jared	Rainier Beach Tr	14:15.30	13
20	Jobe-Karras, Luke	Rainier Beach Tr	14:22.60	14
21	Thomas, Neil	Rain City Flyers	14:23.40	15
22	Jones, Jacoby	West Seattle Roa	14:23.70	
22	Salsibury, Brett	Trailblazers	14:23.70	16
24	Hiraiwa, Lucian	Rain City Flyers	14:41.10	17
25	Sandoval, Grayson	West Seattle Roa	14:53.80	
26	Crandall, Kento	West Seattle Roa	14:54.10	
27	Karr, Liam	West Seattle Roa	15:03.20	
28	Jernstrom, Ben	Rain City Flyers	15:07.10	18
29	Faulkner, Bennet	West Seattle Roa	15:12.10	
30	Vaughey, Wyatt	West Seattle Roa	15:13.70	
31	Benson, Gunnar	West Seattle Roa	15:16.00	
32	Faulkner, Ian	West Seattle Roa	15:16.20	
33	Helenske, Madaak	West Seattle Roa	15:23.20	
34	Wahlborg, Elliott	West Seattle Roa	15:36.90	
35	Loeppky, Eli	West Seattle Roa	15:39.90	
36	Dean, Jack	West Seattle Roa	15:43.60	
37	Apfel, Max	Rainier Beach Tr	16:04.30	
38	chin, Andy	Rain City Flyers	16:23.10	
39	Hill, Jedidiah	West Seattle Roa	16:25.00	
40	Bazakas, Roman	West Seattle Roa	16:25.10	
41	Poffenroth, Graham	Club Northwest	16:30.80	
42	Bott, Jameson	Sonic Boom	16:34.90	
43	Parazbok, Arlo	Rain City Flyers	16:44.80	
44	Ramsborg, Judah	Rain City Flyers	16:49.50	
45	Hill, Samuel	West Seattle Roa	16:51.60	
46	Ramsey, Jack	Rainier Beach Tr	17:32.70	
47	Berning, William	Rainier Beach Tr	17:33.20	
48	Hellrwell, Baird	Rain City Flyers	17:45.70	

Boys 3k Run CC 11-12

Name	Year Team	Seed	Finals	Points
1	Davis, Zach	Rain City Flyers	10:43.50	1
2	Herb, Henry	Rain City Flyers	10:46.70	2
3	Herb, Jake	Rain City Flyers	11:09.10	3
4	Jones, Ansel	Rain City Flyers	11:40.90	

FWTC Autumn Classic XC Meet - 10/2/2021**Five Mile Lake Park****Results****....Boys 3k Run CC 11-12**

5	Ryan, Thomas	Cascade Striders	11:44.30	4
6	Easter, Braxton	Sonic Boom	12:00.90	5
7	Whitlinger, Lyle	Cascade Striders	12:01.00	6
8	Nelson, Preston	Federal Way Trac	12:06.20	7
9	McAteer, Benji	Rain City Flyers	12:15.70	
10	Whitlinger, Wyatt	Cascade Striders	12:18.10	8
11	Campbell, Nash	Rain City Flyers	12:22.10	
12	Gowans, Jarek	Rain City Flyers	12:26.30	
13	Atchley, Luke	Rain City Flyers	12:36.60	
14	Andrews-Waller, Atticus	West Seattle Roa	12:56.50	9
15	Baughn, Asher	Rain City Flyers	13:03.20	
16	Beam, Zach	Cascade Striders	13:11.20	
17	Slater, Luke	Sonic Boom	13:12.30	10
18	Aykens, Charlie	West Seattle Roa	13:22.40	11
19	Baker, Callum	Rain City Flyers	13:31.80	
20	Childs, Isaac	Sonic Boom	13:31.90	12
21	Zhang, Matthew	Cascade Striders	13:39.80	
22	Phelps, Silas	Federal Way Trac	13:44.30	13
23	Thomas, Mayeul	Rain City Flyers	13:45.10	
24	Huey, Nathan	West Seattle Roa	13:45.80	14
25	Shih, Tai	Cascade Striders	13:46.40	
26	Townsend, Gabriel	West Seattle Roa	13:54.60	
27	Ballast, Zeke	Rain City Flyers	13:54.70	
28	Baker, James	Cascade Striders	13:56.90	
29	Behunin, Noah	Trailblazers	13:59.10	15
30	Moir, William	West Seattle Roa	14:01.40	
31	Pauls, Alazar	Rain City Flyers	14:03.30	
32	LaFlamme, Roan	West Seattle Roa	14:05.90	
33	Kadobayashi, Hiroto	Rain City Flyers	14:20.20	
34	Parzybok, Jerome	Rain City Flyers	14:24.20	
35	Barnett, Kenzo	Cascade Striders	14:24.40	
36	Goodleaf, Jack	West Seattle Roa	14:28.10	
37	Simpers, Jason	Trailblazers	14:31.70	16
38	Diamond, Isaac	West Seattle Roa	14:31.80	
39	Wojitowicz, Peter	Rain City Flyers	14:33.10	
40	Ross, Sawyer	Trailblazers	14:36.60	17
41	Faulkner, Edmund	West Seattle Roa	14:42.40	
42	Golden, Sadler	Rain City Flyers	14:51.70	
43	Hembrow, Alex	West Seattle Roa	15:29.40	
44	Bishop, Corbin	West Seattle Roa	15:30.10	
45	Foster, Kolton	West Seattle Roa	15:30.60	
46	Holscher, Dane	Trailblazers	15:57.70	
47	Riemer, Wyatt	Federal Way Trac	15:59.60	18
48	Dillard, Raphi	Rainier Beach Tr	16:00.70	
49	Miramontes, Leo	Federal Way Trac	16:07.30	
50	Spitzer, Oliver	West Seattle Roa	16:11.30	
51	Sidibe, Mohamed	Rainier Beach Tr	16:13.30	
52	O'Claire, Henry	West Seattle Roa	16:20.90	
53	Pacem, Wyatt	Cascade Striders	16:26.80	
54	Wickliff, Craiggan	West Seattle Roa	16:27.90	
55	Morgan, Grant	West Seattle Roa	16:39.40	
56	Tegart, Henry	Cascade Striders	16:45.70	
57	Watters, Zef	Federal Way Trac	17:55.20	
58	De La Cantera, Gavin	Club Northwest	18:43.50	
58	Marois, Sebastien	West Seattle Roa	18:43.50	

FWTC Autumn Classic XC Meet - 10/2/2021**Five Mile Lake Park****Results****....Boys 3k Run CC 11-12**

60 Janis, Charles	West Seattle Roa	19:03.40
61 Mohundro, Theo	West Seattle Roa	20:58.70
-- Fehlberg, Max	Trailblazers	DQ

Boys 4k Run CC 13-14

Name	Year Team	Seed	Finals	H#	Points
1 Billett, Max	Rain City Flyers		14:40.90	1	1
2 Brooks, Quinten	Speed Unlimited		14:52.60	1	
3 Valdman, Charlie	Speed Unlimited		15:02.20	1	
4 Montano, Rodrigo	Cascade Striders		15:05.70	1	2
5 Campbell, Huston	Rain City Flyers		15:11.00	1	3
6 Urquhart, Ethan	Rain City Flyers		15:27.80	1	4
7 Miramontes, Alex	Federal Way Trac		15:31.60	1	5
8 Kameda, Kai	Rain City Flyers		15:34.50	1	
9 Sheffield, Jaxon	Cascade Striders		15:35.80	1	6
10 Pedigo, Russ	Sonic Boom		15:36.70	1	
11 Conner, Jordan	Federal Way Trac		15:57.20	1	7
12 Shillito, Kingston	Rainier Beach Tr		16:06.10	1	
13 Swihart, Luke	Rain City Flyers		16:12.00	1	
14 Campbell, Milo	Rain City Flyers		16:20.20	1	
15 Nowicki, Cash	West Seattle Roa		16:21.20	1	8
16 Frederick, William	West Seattle Roa		16:21.90	1	9
17 Fenton, Brayden	Trailblazers		16:29.60	1	10
18 Leonard, William	Cascade Striders		16:36.00	1	11
19 Forrester, Gilbert	Rain City Flyers		16:43.60	1	
20 Leplante, Casey	West Seattle Roa		16:55.60	1	12
21 Couch, Jonas	Federal Way Trac		17:08.10	1	13
22 Gilbert, Finn	West Seattle Roa		17:11.20	1	
23 Wolf, Chandler	Federal Way Trac		17:18.30	1	
24 Zehr, Dylan	Federal Way Trac		17:36.00	1	
25 Cho, Ethan	Cascade Striders		17:51.60	1	
26 Thomson, Ewen	Rain City Flyers		17:52.70	1	
27 Egan-Hefferman, Owen	Club Northwest		18:01.00	1	
28 Barnett, Rei	Cascade Striders		18:17.10	1	
29 Forcum, Brayden	West Seattle Roa		18:23.40	1	
30 Mason, Chance	West Seattle Roa		18:34.60	1	
31 Zimmerman, Oscar	Rain City Flyers		18:47.60	1	
32 Perkins, Dallin	Trailblazers		19:17.00	1	14
33 Rust, Gryffin	West Seattle Roa		19:17.30	1	
34 Robinson, Ian	Federal Way Trac		19:23.10	1	
35 Black, Marshall	Trailblazers		19:23.80	1	15
36 Parada-Jay, Jonah	Rain City Flyers		19:51.80	1	
37 Peloza, Cole	West Seattle Roa		19:52.00	1	
38 Irish, Simon	Sonic Boom		20:46.30	1	
39 Grimes, Sam	West Seattle Roa		20:56.90	1	
40 Hembrow, Jack	West Seattle Roa		20:58.60	1	
41 Smith, Asher	Trailblazers		21:24.00	1	
42 Robinson, Bennett	Federal Way Trac		21:49.60	1	
43 Johnston, Arthur	West Seattle Roa		22:33.90	1	
44 Starner, Ben	West Seattle Roa		22:38.00	1	
45 Mohammed, Nada	West Seattle Roa		23:47.70	1	
46 Bright, Owen	West Seattle Roa		24:29.30	1	
47 Mata, Justin	West Seattle Roa		24:43.70	1	

FWTC Autumn Classic XC Meet - 10/2/2021**Five Mile Lake Park****Results****...Boys 4k Run CC 13-14**

48 Barker, Polk	Rain City Flyers	25:31.10	1
49 Martinez, Manny	Cascade Striders	31:16.17	2

Mixed 800 Meter Run CC 6-Under

Name	Year Team	Seed	Finals	Points
Results - Mixed				
1 Haugo, Benjamin	M West Seattle Roa		3:50.20	1
1 Helenske, Amarie	W West Seattle Roa		3:54.30	1
2 Pohlrs, Finnley	M West Seattle Roa		3:50.90	2
2 Luckey, Thea	W West Seattle Roa		4:06.60	2
3 Obiako, Princeton	M West Seattle Roa		4:05.80	3
3 Karr, Nellie	W West Seattle Roa		4:14.70	3
4 Manthey, Elias	M Federal Way Trac		4:11.50	
4 Schermerhorn, Isla	W Unattached		4:32.40	
5 Slater, Caleb	M Sonic Boom		4:27.10	
5 McConville, KC	W West Seattle Roa		4:42.80	
6 Kinder, Max	M Federal Way Trac		4:27.70	
6 Patjens, Elodie	W West Seattle Roa		4:45.60	
7 Plourde, Paul	M West Seattle Roa		4:35.90	
7 Seegel, Carieh	W West Seattle Roa		5:21.80	
8 Berry, Bear	M Mercer Island Bl		4:36.00	
8 Salaver, Addie	W Federal Way Trac		7:26.80	
9 McCary, Oscar	M West Seattle Roa		4:40.10	
10 Amrine, Lorcan	M West Seattle Roa		5:00.30	
11 Seeger, Merrick	M West Seattle Roa		5:28.30	

Mixed 3k Run CC 15-18/OPEN

Name	Year Team	Seed	Finals	Points
1 Ryan, Mike	M Cascade Striders		11:16.50	
1 Leonard, Alexis	W Federal Way Trac		13:23.50	
2 Kinder, Dayne	M Federal Way Trac		12:01.30	1
2 Clukey, Mary Grace	W Federal Way Trac		15:45.10	
3 Eidsmoe, Tyler	M Federal Way Trac		12:05.60	2
4 McMillan, Isaiah	M Cascade Striders		12:41.40	
5 Weber, Dan	M Federal Way Trac		13:06.00	3